

2026 FALL POOL DAY SCHEDULE

October 16th- December 20th

MONDAY

8:30am-9:45am

Lane Swim ✓

10:00am- 11:00am

Parent and Tot ✓

11:15am-12:15pm

Senior Swim ✓

12:30pm-1:30pm

Lane Swim ✓

TUESDAY

8:00am-9:00am

Lane Swim ✓

9:15am-10:00am

Senior Swim ✓

10:15am-11:30am

FREE Public Swim 😊

11:45am-12:45pm

Lane Swim ✓

WEDNESDAY

8:45am-9:45am

Lane Swim ✓

10:00am-10:45am

Drop-In Aquafit ✓

11:00am-12:00pm

Senior Swim ✓

12:30pm-1:30pm

Lane Swim ✓

THURSDAY

8:00am-9:00am

Lane Swim ✓

9:15am-10:00am

Parent and Tot ✓

10:15am-11:30am

FREE Public Swim 😊

11:45am-12:30pm

Core Inclusive

Swim ★

1:00pm-2:00pm

Home School Swim ✓

FRIDAY

9:00am-9:45am

Lane Swim ✓

10:00am-10:45am

Drop-In Aquafit ✓

11:00am-11:45am

Senior Swim ✓

12:00pm-12:45pm

Lane Swim ✓

1:00pm-2:00pm

SHIFT Swim ★

SATURDAY / SUNDAY

Saturday.

9:00am-2:00pm

Swim Lessons ★

2:30pm-4:00pm

Public Swim ✓

Sunday.

9:00am-2:00pm

Swim Lessons ★

2:30pm-4:00pm

Public Swim ✓

✓ **DROP IN SESSIONS:** Cost is \$5 per person or \$15 per family.

★ **REGISTRATION REQUIRED:** To register for an aquatic program visit www.countyofkings.ca/registration

2026 FALL POOL EVENING SCHEDULE

October 16th- December 15th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY/ SUNDAY
Marlins Swim Team ★ 	4:30pm-5:15pm Senior Swim ✓ 5:30pm-6:15pm Aquafit Classic ★ 6:30pm-7:15pm Aquafit Interval and Equipment ★ 7:30pm-8:15pm Aquafit Classic ★	5:30pm-7:00pm Public Swim ✓ 7:00pm-8:30pm Bronze Medallion Program ★	4:30pm-5:15pm Senior Swim ✓ 5:30pm-6:15pm Aquafit Classic ★ 6:30pm-7:15pm Aquafit Interval and Equipment ★ 7:30pm-8:15pm Lane Swim ✓	4:00pm-8:00pm Swim Lessons ★ 6:00pm-8:00pm Patrol Team Training ★	<u>Saturday.</u> 4:00pm-8:00pm Private Rentals ★ <u>Sunday.</u> 4:30pm-7:00pm Sensory Swim Lessons ★ 7:15pm-8:15pm Adult Swim Lessons ★

✓ **DROP IN SESSIONS:** Cost is \$5 per person or \$15 per family.

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